

Psychology for a Better World

Strategies to Inspire Sustainability

By Niki Harré

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Includes a self-help guide for sustainability advocates

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Psychology for a Better World is for people who believe it is worth trying to make a world in which both our species and the ecological systems we are part of can flourish. It is based on the latest research in psychology and is packed with action strategies. The book includes a self-help guide for sustainability advocates.

Niki Harré is an associate professor of psychology at the University of Auckland.

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